



Join Us for September's Brown Bag Webinar - Describing Narcolepsy Symptoms

August 22, 2024 - Join us on September 12th at 2pm ET for "Describing Narcolepsy Symptoms!"

Hear Debra Stultz, MD, discuss ways to educate others about Narcolepsy to help them understand the struggle. Learn to describe cataplexy and excessive sleepiness to providers, employees and family members. Even a brief discussion on the effects of sleepiness and cataplexy on sex will be provided.

Have your questions ready for Dr. Stultz to answer live!

[Register now!](#)

Debra J. Stultz, MD is a physician, nationally known speaker, and author on topics such as Narcolepsy, Insomnia, Treatment-Resistant Depression, Diagnosing Sleep Disorders, Spravato, and Transcranial Magnetic Stimulation (TMS).

She completed her undergraduate studies at Marshall University and graduated from Marshall University School of Medicine. She then completed a psychiatry residency and child/adolescent fellowship with West Virginia University School of Medicine—Charleston Division. She is board-certified in Psychiatry, Sleep Medicine, and Behavioral Sleep Medicine and is a Distinguished Fellow of the Clinical TMS Society. She has a special interest in Narcolepsy and has provided many lectures across the nation on this topic and has authored articles and research posters about Narcolepsy.

Her recent book, "Wake Up Sleepy Head! Diagnosing, Understanding, and Navigating Narcolepsy," is available at Amazon and other fine book retailers. In this book, she provides information on both adult and pediatric Narcolepsy, how patients describe the symptoms of Narcolepsy, associated symptoms of depression and anxiety, treating insomnia, educating family members about the disorder, and where to find resources to aid in navigating school and work settings.

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