



# The Monthly Wake Up

## Contents

1. Message from Director
2. National Summit Recap
3. WUN Town Halls
4. Physician Page Launch
5. Gala Honorary Emcee
6. Brown Bag Webinars
7. Events & Clinical Trials

## Message from WUN Executive Director

### Greetings,

At the end of April, we welcomed virtual and in-person attendees to our 2024 National Summit near Seattle! There was space for sharing experiences, forming connections and learning from each other. It was rewarding to observe the growth in our community since last year's event and we appreciate everyone involved! Save the

date for next year's Summit on April 26th, 2025 near Raleigh, North Carolina. If you missed this year's sessions, recordings are available on WUN's YouTube channel.

Thank you to our recent Brown Bag Webinar speakers: Dr. Charlesworth and Kelsey Bingham in April, and Dr. Izzo and Dr. Todd in May! The April and May topics were "Canada Medications & Access to Care" and "Narcolepsy Diagnostic Journey," respectively. Both were incredibly insightful and have recordings that are available now on YouTube. The series is taking a break for the summer, but will return in August with more fantastic opportunities for our community to ask the experts!

Looking forward, the WUN team is kicking off summer in Houston to attend SLEEP 2024 June 1st - 5th. If you're attending the conference, be sure to stop by booth #232 to connect with us! We have lots of new resources for healthcare professionals, which are highlighted on our new website page.

While in the area, we are also having a Houston WUN Town Hall on June 2nd. Come by to connect with others living with Narcolepsy or Idiopathic Hypersomnia and loved ones! Don't forget we have an upcoming Seattle WUN Town Hall on July 13th as well.

*Are you interested in planning a WUN Town Hall in your local community? Visit [wakeupnarcolepsy.org/get-involved](https://wakeupnarcolepsy.org/get-involved) to learn more. We look forward to hearing from you!*

**- Monica Gow**



*Monica Gow*  
WUN Co-Founder &  
Executive Director

## National Summit Recap

The Wake Up Narcolepsy (WUN) 2024 National Summit took place on April 27th, at the Seattle Marriott Redmond near Seattle, Washington! The event was a tremendous success with an amazing turnout both in-person and virtually. Thank you to everyone who made this possible!



Thank you also to our 2024 Summit Sponsors:



## Save the Date:

2025 National Summit  
April 26th near Raleigh, NC

## Upcoming WUN Town Halls

**Houston // June 2nd // 1pm - 4pm CT**

Pickles Social Club,  
13915 Kluge Rd, Cypress, Texas

*RSVP BELOW*

**Seattle // July 13th // 1:30pm - 4pm PT**

*Guest Speaker Matthias Lee, MD*  
Salmon Bay Community Lending,

7919 Greenwood Ave North, Seattle, Washington

*RSVP BELOW*

Thank you to our sponsors:



Jazz Pharmaceuticals



## Physician & HCP Page Launch

WUN is excited to share the launch of our new website page,  
Resources for Physicians & Healthcare Professionals!

This new page is designed to support professionals in providing optimal care for individuals with Narcolepsy. It is divided into two main sections:  
Office Resources and CME Courses.

Find no-cost options for printing and/or ordering our materials and see what current Narcolepsy CME credits are available to you!

Thank you to our Physician Education sponsors:



Avadel™

## Announcing Gala Honorary Emcee

### Shadows to Light Honorary Emcee



### Ginger Zee

Chief Meteorologist & Chief Climate Correspondent, ABC News

Ginger Zee is the chief meteorologist and chief climate correspondent at ABC News. Zee has been there before, during and after almost every major natural disaster reporting for “Good Morning America” and across ABC News broadcasts and digital platforms. From Hurricane Katrina to recently being in the eye wall of Hurricane Ian, Zee has covered wildfires from California, France and Australia, blizzards across the nation and tornado outbreaks from Alabama to Oklahoma. Zee has employed her lifelong passion for the atmosphere and married it with compassion and humanity as these stories are always about the people the storms impact.

She is the author of five books, including the bestseller “Natural Disaster” (2017) and her recent memoir “A Little Closer to Home: How I Found the Calm After the Storm” (2022), along with a trilogy of middle grade books based in STEM called “Chasing Helicity.”


## Brown Bag Webinar Recordings

### Brown Bag NARCOLEPSY WEBINAR SERIES



Canada: Medications  
& Access to Care

 Laurel Charlesworth, MD  
Assistant Professor, University of Ottawa  
Kelsey Bingham  
Person with Narcolepsy

 April 24th

 2pm ET

\*Pre-registration required




Thank you Dr. Charlesworth & Kelsey Bingham for a wonderful webinar!

The full recording can be found on the Wake Up Narcolepsy YouTube channel!

### Brown Bag NARCOLEPSY WEBINAR SERIES



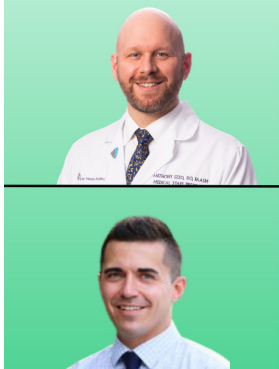
Narcolepsy  
Diagnostic Journey

 Anthony Izzo, DO, FAAN, FAASM  
UMass Memorial Health  
Jason Todd, MD  
Mass General Brigham, Person with Narcolepsy

 May 9th

 2pm ET

\*Pre-registration required



Thank you Dr. Izzo & Dr. Todd for a wonderful webinar!

The full recording can be found on the Wake Up Narcolepsy YouTube channel!

Thank you to our BBW sponsors:



## Upcoming Events

**June 1st - 5th**

*WUN attends SLEEP 2024*

**June 2nd**

*Houston WUN Town Hall*

**July 13th**

*Seattle WUN Town Hall*

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**Interested in planning a  
WUN Town Hall in your  
local community?**

*Visit [wakeupnarcolepsy.org/  
get-involved](http://wakeupnarcolepsy.org/get-involved)*

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**August 8th - 2pm ET**

*August Brown Bag Webinar*

**ONGOING**

*Weekly support groups for  
people with Narcolepsy & IH*

## Clinical Trials

### Two-Part Study of MK-6552

*The purpose of this study is to evaluate the safety, efficacy, pharmacokinetics (PK), and pharmacodynamics (PD) of MK-6552 in participants with Narcolepsy Type 1 (NT1).*

*More info below*

### Global Survey on Narcolepsy

*Global Perspectives, an organization specialized in healthcare studies, is conducting a study to understand the relationship between narcolepsy symptoms and their effect on well-being.*

*More info below*

### Vibrance-1 clinical study for narcolepsy type 1

*The Vibrance-1 Study is researching an investigational oral study drug for the potential treatment of excessive daytime sleepiness symptoms.*

*More info below*

### XYLO Study

*This is a study looking at blood pressure in people with narcolepsy.*

*More info below*

**Thank you to our Sponsors:**